

Dying to self

The phrase dying to self is not always a popular one but it was modelled by Jesus and we are called to follow his example. In the garden of Gethsemane Jesus took himself away to pray to his father.

Draw or print a cross

Pray for Jesus to challenge you.

Challenge you on what is his will for you? Are you living in his will? Are you seeking him for all decisions in life? Are you ready to give up everything?



Now listen to that small voice inside that might be nudging you as a challenge in certain areas of your life. Take your cross and write on it the things that Jesus is bringing to mind.



A chance to name what we hold onto so tightly, that is in the way of following Jesus wholeheartedly, put down your own expectations and say “not my will but yours”.

Then leave these things on the cross.

Know that Jesus conquered the cross and the grave and he will help you release these things and realign their importance in your life.

As you continue to pray, decorate your cross.

Then post a picture of it up in your house.

