

MANOR  
**COURT**  
BAPTIST CHURCH  
**CIRCULAR**

October 2021




Rest in God's promise to you.....

I will be your God  
throughout your  
lifetime— until your  
hair is white with age.  
I made you, and I will  
care for you. I will  
carry you along and  
save you.

ISAIAH 46:4 NLT



***Ordinary people learning to follow  
an extraordinary God!***

<p><b>Manor Court Baptist Church</b>  <b>Manor Court Road</b>  <b>Nuneaton CV11 5HU</b>  <b>024 7638 2577</b>  <b>office@mcbbc.org.uk</b>  <b>www.mcbcnuneaton.org.uk</b></p>	<p>Sometimes when I come to write something for the magazine I have to sit, think hard and squeeze an idea out of my head and into the shape of a short article. At</p> 
<p><b>Pastor:</b>  Rev Jonathan Bugg  His day off is Friday  Contact:  Pastor@mcbbc.org.uk</p>	<p>other times I simply sit down and share where God has brought me to in that moment, and this is definitely one of those latter moments.</p>
<p><b>Church office open</b>  <b>9.30-12.00</b></p> <p><b>Foodbank</b>  Monday &amp; Thursday  10.30-12.00</p>	<p>There's been a lot going on hasn't there! I guess if you were sit and list all the things that you've been dealing with, worrying about, planning for, or simply having happen around you every day, the list could be quite extensive. Whether it is health worries, work concerns, home life issues, hopes for the future or hang ups from the past, our brains are often full of stuff, and we get to bed at night with our minds still racing: did I do that right, I mustn't</p>
<p><b>WE HAVE 5 CORE VALUES:</b></p> <ul style="list-style-type: none"> <li>• <b>WORSHIPPING</b> Jesus at the centre</li> <li>• <b>DISCIPLING</b> Every member growing</li> <li>• <b>MINISTERING</b> Everyone using their gifts</li> <li>• <b>BUILDING COMMUNITY</b> Open, honest relationships</li> <li>• <b>REACHING OUT</b> Reaching out into the community</li> </ul>	<p>forget to do this in the morning, I hope so-and-so's going to be alright.</p> <p>Add to all that the fact that the world seems to be spinning ever faster with the nights drawing in and Christmas adverts on TV already and we shouldn't be surprised if we find ourselves at times just wanting to stop the world and get off, at least for a while.</p>
<p>Please note the deadline for November magazine is 26th October</p> <p>Yvonne.mead@mcbbc.org.uk</p>	<p>Everyone has this to some degree, but recently the big thing in society has been mindfulness. This is a practice of stilling the mind and being aware of your body and mind in that single moment, and to then focus our thoughts onto something that brings us joy or energy. It has become a very popular practice with people all over taking a few moments to be still, to take a breath, and focus on something good.</p>

in fact mindfulness has become so popular, large companies are providing sessions for their employees (to help with productivity of course), mental health agencies are providing courses for those on no or low incomes, and if you search the internet you can spend a fortune on various mindfulness courses tailored just to suit your needs.

The thing is when mindfulness in the 21<sup>st</sup> century says be still, psalm 46 from around 3000 years ago says: ***Be still, and know that I am God.***

When mindfulness says stop and think of something good, Paul wrote in Philippians 4 almost 2000 years ago: ***whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.***

Essentially as we have been looking at “Practicing the presence of God” Christian mindfulness is one such technique. As the leaves are turning and things head unstoppably toward Winter these next months, why not take a moment to be still and practice the presence of God, knowing God is there with you. Why not just sit and look at a tree, or even one leaf and observe the beauty of that small part of God’s creation and thank God for what you see. And then take captive every thought (2 Corinth 10:5) and choose to think of the true, the noble, the right and the pure, the lovely and the admirable. In doing so you will find that God’s world spins far slower, and is a place you are more likely to want to stay.

If you are interested in exploring Christian mindfulness further why not visit this site below and give some of the exercises or apps a try.

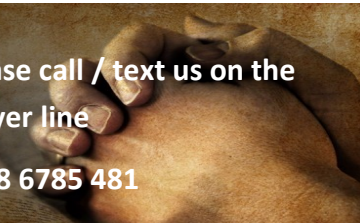
<https://www.calminggrace.com/category/mindful/christian-mindfulness/>

Let us

*Pray*  
for you

Please call / text us on the  
prayer line

0778 6785 481





**CHURCH  
MATTERS**

### **Notes from the AGM & Church meeting held 23rd September 2021**

(These are the editors notes only and do not replace the minutes that will be distributed as usual)

#### **Deacons Elections**



I am delighted to report that all six nominee's were successful. Pam Gadsby, Terry Salter and Lynne Salter will complete a further term of office and we welcomed Vernel Constantinescu, John Gordon and Isaac Olanipekun as newly appointed deacons.

#### **The annual appointment of Church secretary and Church Treasurer posts**

As part of our new charitable Trust status & constitution the diaconate are no longer able to suggest anyone for these posts ( currently held by Roger Gadsby and Terry Salter respectively )and it has become the responsibility of the church members. If you would like to nominate anyone for these posts please check their willingness to stand and then complete a nomination form ( From Roy Shooter) voting will take place at the next church meeting on 18th November.

#### **Building Project**

Roy reported there is a 17th September deadline to hear back from our planning application, once this is approved we can engage with the architects to draw up building specifications so that builders can quote for the work.



**Volunteers needed !**

If you would like to know what is involved just pop along and see what is happening on a Sunday morning.



Little Treasures are back on Tuesday and Friday mornings

Ruth would really love someone to volunteer for a Friday morning to do the registration in reception, plus someone that could act as a reserves for emergency cover.

#### CAP Debt Centre Manager

Terry is now back to full time but is due to retire at the end of the year. The job has been advertised and someone has been interviewed by MCBC and CAP. The person appointed is from Bedworth Baptist Church and is due to take over in January but will double up with Terry to see clients in December for a hand over period.

CAP  
DEBT  
HELP



7th November marks the 10 year anniversary of our partnership with CAP and there will be a CAP Sunday service to celebrate this with a speaker from CAP and an opportunity to meet the new manager.



Terry has successfully applied for the CAP Job Club Manager post and is due to start in January.

Isaac has been appointed as a Job Club coach and mentor.

Terry and Isaac will be running 8 week courses for people out of work offering training, skills, support and mentoring.

The course starts Thursday 3rd February 10.30am and runs alongside Foodbank. Terry is very keen to recruit a female Job Club coach and mentor to support and mentors ladies who attend the course.

Here 2 Help have invited MCBC to become a partnership church. This is a newly formed Nuneaton based charity seeking to make a practical difference to those in need.



The membership voted that they are happy to accept the Partnership offer. They are seeking volunteers with practical skills and full induction training is being offered. If anyone is interested in knowing more they have a website

<https://here2helpcharity.co.uk>

Date of next Church meeting Thursday 18th November 7.45pm

## Little Treasures

As I write this, Little Treasures has been open again for 2 weeks. It has been good to be back, and our families have said how good it is to have somewhere different to go. We already have a full register of 15 families on a Friday, but there are still a number of spaces on Tuesday, so get in touch with me if you know anyone who would like to join us.



I have a great team of volunteers, but would ideally like someone else to join us on a Friday - either as part of the team or as the church receptionist. It would also be great if I could have some people who would be happy to be relief staff to cover holidays and illness etc. This could be just working in the kitchen if you'd rather not be in the hall with the families. If you think any of this could be your opportunity to serve, then please come and talk to me or call in on a Tuesday or Friday morning and see what goes on! Ruth Shooter



**Holy  
Dusters**



JOIN THE  
**CLEANING  
TEAM**

Holy Dusters! Please note change of day from Wednesday to Mondays

Come and join us on any Monday morning 10-11 am for fellowship, friendship and a little light cleaning to keep our church in tip-top condition. This will involve dusting, Hoovering, and cleaning in the sanctuary, halls, reception, toilets and kitchen. If we have enough volunteers it won't need to be a weekly commitment as the more helpers, the less we each have to do.

No need to sign up, just turn up, we will be pleased to see you.

Any questions I can be reached at [Teresa@mcbbc.org.uk](mailto:Teresa@mcbbc.org.uk) or 07305080314





**Prayer points for October are :**

- We pray God's blessing on Jonathan , Catherine, Ethan and Daniel, and pray that at this time they will especially know God's Love and strength and that Daniel especially will know God's peace, strength and healing.
- The latest update was that the next course of chemo has been postponed for a week to give Daniel some time to rest, recover and heal from the very painful side effects of the last course of chemo.
- Please pray that Daniel will heal well and that he will be able to enjoy at least part of his sisters wedding.
- Please also pray that he will be well enough to resume his treatment.
- Our Church Family - particularly those struggling with pain and health issues who may be having to wait longer than usual to be seen and receive treatment.
- Our Foodbank - we are now able to invite clients into the vestibule for a hot drink and toast/biscuits. Pray that this will give us more time for meaningful conversations.
- Our contact with our local community particularly through Little Treasures, Tuesday Fellowship and Prayer Walking.
- The national situation regarding shortages and transport difficulties. Pray for those who are struggling to cope with these pressures on their jobs, and families.

## October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9.30 Littles treasures	<b>2</b>
<b>3</b> 10.45 Morning Service	<b>4</b> 10.00 Holy Dusters 10.30 Food bank 11.00 Kickstart 8.00 AA 8.00 YDG	<b>5</b> 9.30 Littles treasures 2.00 Tuesday Fellowship 6.30 Nun Choral Society	<b>6</b>	<b>7</b> 10.00 Sew & Grow 10.30 Food bank 7.45 Prayer Meeting	<b>8</b> 9.30 Littles treasures	<b>9</b>
<b>10</b> 10.45 Morning Service	<b>11</b> 10.00 Holy Dusters 10.30 Food bank 8.00 AA 8.00 YDG	<b>12</b> 9.30 Littles treasures 2.00 Tuesday Fellowship 6.30 Nun Choral Society	<b>13</b> 11.30 Funeral service	<b>14</b> 10.00 Sew & Grow 10.30 Food bank	<b>15</b> 9.30 Littles treasures	<b>16</b>
<b>17</b> 10.45 Morning Service	<b>18</b> 11.00 Holy Dusters 10.30 Food bank 8.00 AA 8.00 YDG	<b>19</b> 9.30 Littles treasures 2.00 Tuesday Fellowship 6.30 Nun Choral Society	<b>20</b>	<b>21</b> 10.00 Sew & Grow 10.30 Food bank 7.45 Prayer Meeting with speaker "Mary" from BMS	<b>22</b> 9.30 Littles treasures 7.30 Saint's Worship evening TBC	<b>23</b>
<b>24</b> 10.45 Morning Service	<b>25</b> 10.00 Holy Dusters 10.30 Food bank 8.00 AA 8.00 YDG	<b>26</b> <b>No Little treasures</b> 2.00 Tuesday Fellowship 6.30 Nun Choral Society	<b>27</b>	<b>28</b> 10.00 Sew & Grow 10.30 Food bank	<b>29</b> <b>No little treasures</b>	<b>30</b>
<b>31</b> 10.45 Morning Service	<b>1</b> 11.00 Holy Dusters 10.30 Food bank 11.00 CAP Kickstart 8.00 AA 8.00 YDG	<b>2</b> 9.30 Littles treasures 2.00 Tuesday Fellowship 6.30 Nun Choral Society	<b>3</b>	<b>4</b> 9.30 Sew & Grow 10.30 Food bank	<b>5</b> 9.30 Littles treasures	<b>6</b>



### Flower Rota

Flowers provided this month by:

3rd Oct - Sonja Wilson

10th Oct - Janet and Andy Down

17th Oct - The Shooter Family

24th Oct - Hilary Lee (in memory of her mum)

31st Oct - John and Yvonne Mead

Please see Pam Gadsby if you would like to join the Rota and be a part of this very worthwhile ministry.



### Tuesday Fellowship

The Tuesday fellowship extend a warm welcome to join them on a Tuesday afternoon at 2.00pm for an hour of praise and fellowship plus fascinating speakers October dates :

Oct 5th Rev David Rhodes

12th Carole Sparkes

19th Margaret Marshall

26th Jan Finch



### Prayer Meetings

**7th & 21st October 7.45pm**



We are pleased to announce that there will be a BMS speaker at the **21st October** meeting where "Mary" who you may have heard of from her mission in the magazine will be sharing about her work overseas.



**"Kick Start" Coffee Morning & Cake open to all at  
Manor Court Baptist Church 11am till 12 noon**

**Bitesize video sessions here to help you or a friend manage your money**

**Monday 4th October - "Handling habits"**

**Monday 1st November - "Anxiety and Worry"**

Numbers limited so please book by call or text to :

07890 592985 or E mail - [terryscale@capuk.org](mailto:terryscale@capuk.org)

This event is part of MCBC community programme and therefore is free of **charge**



A huge well done to everyone involved in Saturdays Macmillan Coffee Morning. To Maggie the driving force behind this and to everyone involved in organising, baking, tea making, selling and behind the scenes work ...you have done something amazing!

And to everyone that supported thank you...every penny of the £1,263.20 raised makes a difference to the incredible work of Macmillan Cancer Support





**The Vine Christian Bookshop**  
**The Borough**  
**Hinckley**

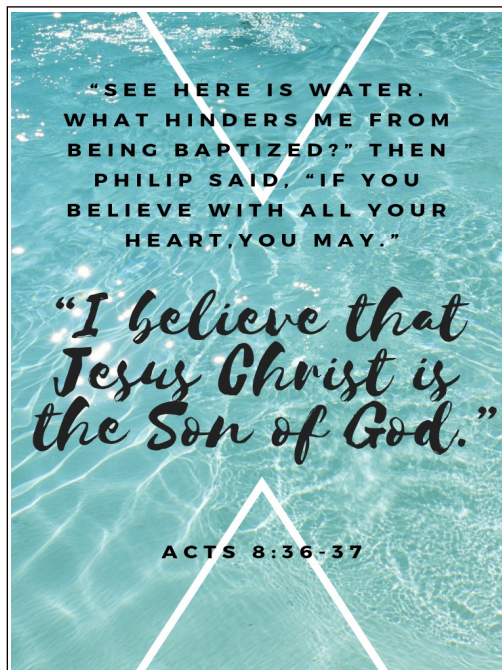
News from The Vine - Last month we celebrated our 20years anniversary since we first opened on 1st September 2001 we were particularly pleased to be able to celebrate this milestone after the last 18 months of difficulties .

October 9th is National Bookshop Day, which leads into Christian Bookshop Week. For all of that week we will be celebrating books and being a "bricks and mortar" bookshop with two special customer offers. The first is that we will be giving away a voucher for a free book token worth £5.00 for every book purchase of £5.00 or more. The second is that for every book purchased you can be entered into our free draw to win a lovely tote bag full of Christian books worth over £80.00! We hope you will come and make the most of these offers and join us in celebrating books and bookshops!

October is also when our Christmas and Advent stock will start appearing on the shelves. This year we will have more of our Christmas stock available through October so that you can shop early if that suits you. We have Christmas cards from Tearfund and Compassion, study books for advent, advent calendars and candles, 2022 diaries and calendars, gift wrap and lots of gifts and decorations.

Our new range of Kids Corner books (due in mid-October) will have lots of new children's Christmas books at discounted prices.

We continue to keep customers safe in our shop by keeping the number of tables lower so that there is plenty of space for browsing. We look forward to seeing you soon.



## Baptismal Service

**Sunday 17th October**

**( to be confirmed)**

We are delighted to announce that we are planning to have a baptism service as part of the morning service this month.

There is still time for anyone that would like to take this next step in their faith journey to take part just speak to a deacon if you are interested.



## The Sew & Grow Group

**Every Thursday 10.00-12.00**

We are Meeting at MCBC at present but will relocate to Saints Nuneaton when they reopen

Bring your craft projects along and enjoy fellowship while you work .

Everyone welcome



Finally we are open again and Sunday services are getting back to normal...**but we really need your help...**a lot goes on behind the scenes on a Sunday morning and it would not happen without a small faithful team of volunteers who are between them almost every week covering all that makes a Sunday morning happen for us all.

Would you like the opportunity to be part of this ministry ? ... ..could you offer maybe one Sunday a month ?

There are opportunities to suit all ages and abilities:

- Meeting and greeting on the door
- Propresenter ( projecting the words for the songs )
- Sound desk
- Live streaming camera and sound
- Making and serving tea and coffee
- Children's ministry
- Prayer walking



**Please have a word with the activity leader for more information**



# DATES FOR YOUR DIARY

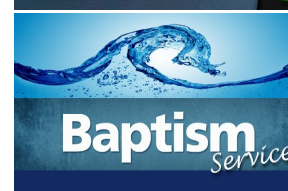
## **CAP Kick start course**

Monday 4th October 11.00am



## **Baptismal Service ( tbc)**

Sunday 17th October 10.45am



## **Church Prayer meetings**

Thursday 6th October 7.45pm



## **CAP 10year celebration service**

Sunday 7th November 10.45am



## **Church Members Meeting**

Thursday 18th November 7.45pm



## **CAP Job Club (8 week seminar )**

Thursday 3rd February 2022 10.30am





# THE WORSHIP LOUNGE

*at Saints Nuneaton*



22nd October 7.30-9.00pm TBC

An evening of reflection, worship and prayer